

2016 MARTIAL ARTS

Presented by

East Windsor Recreation Department



MARTIAL ARTS LESSONS FOR CHILDREN AND ADULTS

Master Steven Phillips, a 6th Degree Black Belt with over 30 years of experience will introduce his traditional martial arts training with a modern teaching method to give students a challenging and rewarding experience. In addition to basic martial arts moves, students will learn the 5 Tenets of TaeKwonDo – guidelines to live by that will help them throughout their lives. As a 4-time World Champion Kickboxer, Master Steven brings a unique set of skills – he teaches a combination of TaeKwonDo & Kickboxing techniques appropriate to the skill level of each class.

In just 8 short weeks, you will notice improvements in focus, discipline and coordination. This course is designed for the beginner level student and will be available only once to each individual. Registration deadline is one week prior to the start of the class.

Dates: FALL SESSION September 20th - November 8th

Times: Tuesdays, 5:45 - 6:30pm - Children 6 -12 Tuesdays, 8:00 - 9:00pm - Teens and Adults

Location: East Windsor Tae Kwon Do & Kickboxing Academy 859 Route 130, East Windsor, NJ

859 Route 130, East Windsor, NJ

Cost: \$70 per student; includes a martial arts t-shirt

Director: Master Steven Phillips, 6th Degree Black Belt in TaeKwon-Do, and 4-time World Champion Kickboxer

Notes: This is an introductory class and cannot be repeated. Maximum number of registrants is 25.

For more Information about

East Windsor TaeKwonDo & Kickboxing Academy:

Visit us on the web at

Call Master Steven at

www.EWTaeKwonDo.com (609) 336-7693



REGISTER AT THE EAST WINDSOR RECREATION DEPARTMENT WEBSITE.



East Windsor Township Recreation Department 16 Lanning Boulevard, East Windsor, NJ 08520 Phone: (609) 443-4000 ext. 225

Email: recreation@east-windsor.ni.us

Registration Website: https://register.communitypass.net/EastWindsor

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